



The Wonder of Life

Middle School Presentation Overview

Goal: To provide medically accurate educational interventions that address the whole person: including social, emotional, intellectual, physical, and spiritual dimensions and to develop positive character and relationship skills.

Time: Three 50-minute class sessions **Level:** 5th-7th grade Ideal for Christian School

DAY 1 Fertility Awareness (Separate presentation for boys or girls)

Learning Objectives

- Students will examine fertility from a Biblical perspective.
- Students will learn key terms related to the anatomy and physiology of fertility and puberty.
- Students will understand how their reproductive system functions in their own body.
- Students will develop an appreciation for the miracle of life and the responsibility God has entrusted them with.
- Students will identify good hygienic healthy habits to care for their own body.

Key Topics

- Fertility: A Gift from God – Genesis 1:27-28
- Puberty - Becoming Men and Women
- Physical Maturity
- Body Image
- Hormonal Changes
- Basic Male/Female Anatomy
- Fertility in Males/Fertility in Females
- The Beginning of Life - Conception and Prenatal Development
- Respect and Responsibility
- Good Hygienic Healthy Habits

DAY 2 Fertility a Gift Worth Protecting

Learning Objectives

- Students will examine the commitment and responsibility involved with becoming a parent.
- Students will gain appreciation for the way they were created as well as the value of others.
- Students will understand how sexually transmitted infections negatively affect fertility.
- Student will define benefits of abstinence before marriage for teens.

Key Topics

- The Right Timing
- Why Marriage Matters
- Love: 1 Corinthians 13:4-8
- Wonderfully Made Psalm 139:23-24
- Threats to Future Fertility
- Brief Epidemiology of Sexually Transmitted Infections
 - Types And Mode of Transmission
 - Possible Damage to The Body
- Benefits of Abstinence Before Marriage

DAY 3 Protecting Your Future

Learning Objectives

- Students will consider how their choices today will impact future goals
- Students will identify how they treat the things they value most differently from other things.
- Students will understand how their choices affect other people.
- Students will identify tools to prepare and protect their relational values.

Key Topics

- Target your Goals
- Protecting our Values
- Integrity – Jeremiah 29:11
- Preparing for your future